



# PERSONAL DEVELOPMENT NEWSLETTER

## ALL SAINTS ACADEMY

Issue 4—April 2024

### Feeling Safe Day

On 17<sup>th</sup> April, students took part in their third 'Feeling Safe Day'. The day combined the themes of the previous safety days: personal safety and mental health and students took part in 5 workshops throughout the day. For example, they learned how to keep themselves safe outside school by thinking of sensible and practical ways to avoid being the victim of crime. They also learned about basic first aid so they can help others who need it in an emergency. As well as this, students focused on radicalisation, building on their previous sessions and looking at case studies where innocent people had been groomed. Students discussed why they think it happened and what they should do about it if it happens to them or a friend. We were lucky to have staff from St Giles Trust in school and they delivered a session on 'county lines' to all students. This was to raise awareness of exploitation of young people by drug gangs. Students ended the day by taking part in a mindfulness session. Activities were well received by the students and included tennis, singing, lego, meditation, crystals and reading. As on previous 'Feeling Safe Days', students also spoke to their tutors on a 1:1 basis and discussed how they feel about their safety in school. It was fabulous to note that 98% of our students feel safe 'all' or 'most' of the time.

With the year 11, 12 and 13 exams fast approaching, our virtue for the month of April is 'self-mastery' and our skill is 'aiming high'. Assemblies and Character Education sessions are focused on ways to stay motivated and have a positive mindset.

**Caroline Doolan**

### Trip Consent

A reminder that providing consent for trips and fixtures is now completed through Edulink. If you have forgotten your parent/carer username or password, please contact the Academy.

### Electives 2023/2024 HT4 Update

We continue to offer an extensive Electives programme during the spring term at All Saints Academy which provides our students with a wide range of enrichment activities that they may wish to attend to further develop existing skills, or because they wish to try out something new! Either way, we welcome our students to attend as many Electives as they wish. The Elective activities that are available in half term 4 are as follows:

Doodling	Arts and Craft	Health and Social Care
Word Games	RPG Video Games and Jam Session	How do we save the planet?
Yoga	Maths YouTube Channel	Reading Club
Basketball—MUGA	Art	Chess Club
Keyboard Club		

**Andrew Minns**

Assistant Principal—Personal Development—Upper School





### Upcoming Careers Dates

#### Monday 29th April

A group of 70 year 8 students will travel to University of Bedfordshire to take part in a STEM workshop. They will be working with Dell Technologies.

#### Monday 29th April

All Saints will launch the national 10X DIY Challenge aimed at developing entrepreneurship and employability skills to all year group. Individuals or groups of students (maximum 5) can pitch their business ideas and get £10 to develop their business and try to earn a profit. The competition will last for 4 weeks.

Please ask students to contact Mrs Hoffman-Gibbs for details.

#### Wednesday 1st May

All Year 10s will be travelling to Silverstone to learn about careers in STEM.

#### Wednesday 8th May

60 x Year 9 students will be involved in a STEM workshop designing aircrafts.

#### Thursday 4th July

We will be hosting the Army to talk about careers and apprenticeships.

### Work Experience

Year 10s and 12s Work Experience will take place between the 1<sup>st</sup> and 5<sup>th</sup> July 2024. All students should be working to secure their own placement outside school. Once students have a confirmed placement they need to collect a form from Student Reception and have their employers complete and return to Ms Zola.

### SEND

Our SEND department is currently working hard to support all our SEND students. If you have concerns regarding your child, please email [lgutsa@asadunstable.org](mailto:lgutsa@asadunstable.org) and arrange a meeting or a phone call.

This term we have introduced several group sessions aimed at supporting our students. Some of these are:

Mindfulness workshops which take place every Tuesday during period 5 to support our students with high levels of stress and anxieties. Social Skills are on Wednesdays and Thursdays to help our students develop these skills in a safe and supportive environment. This term we have started a Life Skills session for some of our SEND students. They will learn about the skills needed to live independently such as shopping on a budget, good hygiene, using public transport and managing money.

#### Upcoming dates:

**Thursday 9<sup>th</sup> May**—Select SEND student will be going on a trip to Chellington to help them develop their social and collaborative skills.

**Wednesday 19<sup>th</sup> June**— Students will visit Central Beds SEND unit to see what is on offer post-16.

**Vinette Hoffman-Gibbs**

AP Personal Development

SENDCo & Preparation for Work