

## PERSONAL DEVELOPMENT

### NEWSLETTER



Issue 2—January 2024

#### Second 'Feeling Safe Day'

Following on from the success of our last 'Feeling Safe Day' in September 2023 where we focused on physical safety, students took part in another safety day on Thursday 11<sup>th</sup> January which focused on their mental health. Throughout the day, students participated in lessons on road safety, self-regulation and reflected on how the language they use can make others feel. Students also took part in a workshop on 'Prevent' where they learned about the Government's anti-terrorism strategy, discussing different types of extremist groups, radicalisation and how to help themselves and others make the correct choices. In the afternoon, students participated in mindfulness sessions to teach them techniques they can adopt to combat stress and anxiety. Students very much enjoyed these sessions which included baking, singing, meditation, football, netball and balloon modelling.

Importantly, students were given the opportunity to have a one-to-one conversation with their tutor and discuss how they feel in school in terms of their safety. At the end of the day, students took part in a short survey so we can gauge what they have learned and ensure any issues are addressed in our next safety day in the Summer term.

**Caroline Doolan** 

Deputy Principal – Personal Development

#### Electives 2023/2024 HT3 Update

We continue to offer an extensive electives programme during the Spring term at All Saints Academy which provide our students with a wide range of opportunities to access enrichment activities that they may wish to attend to further develop existing skills, or because they wish to try out something new! Either way, we welcome our students to attend as many electives as they wish. The elective activities that are available this half term as follows:

Colouring mindfulness	Special effects make up	Chess Club
Reading Club	Sewing	Outdoor Gym
Crochet	Jewellery Making	Computer Aided Design
Board Games	Personal Statements	Learn to play Recorder
Reading Clubs	Pom Pom Making	Book Club
Keyboard Club	Art Club	How do we save the planet?
Doodling		

**Andrew Minns** 

Assistant Principal—Personal Development—Upper School

#### SEND

Our SEND coffee morning will take place on Thursday 18<sup>th</sup> January at 8:30 am. Please come and join us so that we can discuss any concerns and share our successes in supporting all students with SEND.

Please email any questions to vhoffman-gibbs@asadunstable.org.

**Vinette Hoffman Gibbs** 

Assistant Principal—Personal Development—SENDCo and Preparation for Work





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### ALL SAINTS

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#### **Work Experience**

Year 10 and Year 12 Work Experience will take place from 1<sup>st</sup> to 5<sup>th</sup> July 2024. Students had their assembly on Friday 5<sup>th</sup> January and should now be working to secure their own placement outside of school.

Once students have a confirmed placement, they need to collect a form from Student Reception, employers should complete and return to Ms Zola.

Please also remind students to check the Careers Display Board (outside the Dance Studio) for careers news, information and upcoming events/opportunities. There is also a Careers Display Board in the main hub featuring different careers and relevant labour market information.

#### **Vinette Hoffman Gibbs**

Assistant Principal—Personal Development—SENDCo and Preparation for Work

#### **Local College Open Days:**

#### **Bedford College Open Day**

17 <sup>th</sup> January2024	5:00pm – 8:00pm
24 <sup>th</sup> April 2024	5:00pm - 8:00pm
Central Bedfordshire College Open Day	

18<sup>th</sup> January 2024 4:00pm – 7:00pm 25<sup>th</sup> April 2024 4:00pm – 7:00pm

**Barnfield College Open Day** 

02<sup>nd</sup> March 2024 9:30am - 12:30pm 15<sup>th</sup> June 2024 9:30am - 12:30pm

Milton Keynes College Open Day

20<sup>th</sup> January 2024 10:00am – 1:00pm

#### Trip consent

A reminder that when providing consent for any trips/fixtures, this is now done online through Edulink using your parent/carer login details. If you have trouble with your login, or you need us to provide you with your username and password, please contact the Academy.

#### **Careers**

This term we have quite a lot of activities to ensure our students are aware of various careers options and the qualifications required to pursue these.

#### Wednesday 17th January

KS3 students will attend a careers talk on apprenticeships.

#### Friday 19th January

Year 10 students will have a webinar on Careers in Languages

#### **Tuesday 23rd January**

Sixty Year 8 students will participate in an interactive workshop to raise awareness of STEM careers.

#### Friday 26th January

Thirty Year 7 students will take part in a virtual careers workshop looking at career changes with the advancement of AI.

#### Friday 15th March

Industry experts and higher education provisions will be sharing their expertise with students at a Careers Fair. If you know of any employers who would like to give a talk, or anyone who would like to share their career journey, please email <a href="whoffman-gibbs@asadunstable.org">whoffman-gibbs@asadunstable.org</a>.

#### **Vinette Hoffman Gibbs**

Assistant Principal—Personal Development—
SENDCo and Preparation for Work

