#### **RSE expectations: secondary**

The Department for Education have introduced a statutory framework for Relationships and Sex Education which all Primary and Secondary schools are required to deliver. The framework is shown below with our curriculum map of where each part of the framework will be delivered. These are the expectations set by the Department for Education.

#### **Families**

| Content   | Content Progression   | Year<br>studied | Торіс       | Faculty                   |
|---|---|-----------------|-------------|---------------------------|
| That there are different types of committed, stable relationships   | Year 7(Part 1) – exploration of different types of committed, stable relationships.   | Year 7          | Topic 1     | Art                       |
|   | Year 7(Part 2) - positive impact of stable relationships on mental health.  | Year 7          | Topic 8     | English                   |
| How these relationships might contribute to human<br>happiness and their importance for bringing up<br>children   | Year 7 – Explore how parents contribute to who children are and who they grow up to be.   | Year 7          | Topic 2     | STEM<br>(Science)         |
|   | Year 7 – Characteristics of stable<br>relationships/How to build stable<br>relationships/positive impact of stable<br>relationships on mental health.   | Year 7          | Topic 8     | English                   |
|   | Year 8 – Understanding why stable<br>relationships are important for bringing<br>up children/The impact of poor parenting<br>on a child's happiness.  | Year 8          | Topic 2     | STEM<br>(Science)         |
| What marriage is, including its legal status (e.g.,<br>that marriage carries legal rights and protections<br>not available to couples who are cohabiting or who<br>have married, for example, in an unregistered<br>religious ceremony) | Year 7 – What is marriage? legal status<br>(e.g., that marriage carries legal rights<br>and protections not available to<br>couples who are cohabiting or who<br>have married, for example, in an<br>unregistered religious ceremony) | Year 7          | Topic<br>10 | Social<br>Science<br>(RS) |
|   | Year 10 – forced marriage and the laws  | Year 10         | Topic 5     | STEM                      |

|   | around it.  |         |             | (Maths)                        |
|---|---|---------|-------------|--------------------------------|
| Why marriage is an important relationship choice<br>for many couples and why it must be freely entered  | Year 10 – forced marriage and the laws around it.   | Year 10 | Topic 5     | STEM<br>(Maths)                |
| into  | Year 11 – Why is marriage an important relationship choice for many couples?  | Year 11 | Topic 6     |                                |
| The characteristics and legal status of other types of long-term relationships  | Year 7(Part 1) – exploration of different types of committed, stable relationships.   | Year 7  | Topic 1     | Art                            |
|   | Year 8 - The characteristics and legal<br>status of other types of long-term<br>relationships   | Year 8  | Topic 7     | Maths                          |
| The roles and responsibilities of parents with<br>respect to raising children, including the<br>characteristics of successful parenting   | Year 7 – Exploring what successful<br>parenting may look like/looking in detail<br>at the responsibilities of parents   | Year 7  | Topic<br>11 | Social<br>Science<br>(RS)      |
|   | Year 8 – What happens when parents<br>neglect certain responsibilities/ where<br>can parents get information and support<br>to improve their parenting skills.  | Year 8  | Topic 2     | Social<br>Science<br>(Geog)    |
|   |   |         |             | STEM<br>(Science               |
| <ul> <li>How to:</li> <li>Determine whether other children, adults or sources of information are trustworthy</li> <li>Judge when a family, friend, intimate or other relationship is unsafe (and to recognise this in others' relationships)</li> <li>Seek help or advice, including reporting</li> </ul> | Year 7 – Exploration of unhealthy<br>behaviours in a relationship to promote<br>awareness and recognition but no going<br>into the specific details regarding coercive<br>and controlling behaviour and the laws<br>surrounding them. | Year 7  | Topic 3     | History                        |
|   | Year 9 – Recognising the signs of<br>unhealthy intimate 1:1 relationships and<br>where to get support.  | Year 9  | Topic 9     | Social<br>Science<br>(History) |
|   | Year 11 – Source evaluation – Having<br>good sense when it comes to determining<br>whether information is trustworthy or not.   | Year 11 | Topic 2     |                                |

# Respectful relationships, including friendships

| Content  | Content Progression   | Year<br>studied | Торіс                    | Faculty   |
|--|---|-----------------|--------------------------|---|
| The characteristics of positive and healthy  | Year 7 – Exploring friendship –   | Year 7          | Topic 6                  | Arts (PE)   |
| friendships (in all contexts, including online),<br>including trust, respect, honesty, kindness,<br>generosity, boundaries, privacy, consent, the<br>management of conflict and reconciliation and<br>ending relationships. This includes different (non-<br>sexual) types of relationship | characteristics of healthy friendships and<br>unhealthy with reference to trust, respect<br>and honesty and what happens if these<br>are absent.  | Year 7          | Topic 7                  | Arts (PE)   |
|  | Year 8 – Exploring 1:1 relationships with a specific focus on boyfriend/girlfriends and the importance of boundaries.                             | Year 8          | Topic 8                  | Art   |
|  | Year 9 – introduction of how to recognise<br>harmful 1:1 relationships, the importance<br>of consent and how to end an unhealthy<br>relationship, | Year 9          | Topic 1                  | Science   |
| Practical steps they can take in a range of different con relationships  | itexts to improve or support respectful   | Year 8          | Topic<br>10<br>Amen<br>d | RS  |
| How stereotypes, in particular stereotypes based<br>on sex, gender, race, religion, sexual orientation<br>or disability, can cause damage (e.g., how they<br>might normalise non-consensual behaviour or<br>encourage prejudice)   | Year 8 – What is a stereotype? exploration<br>of different stereotypes and students<br>experience of stereotyping.                                | Year 8          | Topic<br>5               | Arts (Media)<br>Social<br>Science<br>(History)    |
|  | Year 9 - Harmful Stereotyping - How<br>parents and peers can influence an<br>individual's prejudice.  | Year 9          | Topic<br>3               | Maths   |
| That in school and in wider society they can<br>expect to be treated with respect by others and<br>that, in turn, they should show due respect to<br>others, including people in positions of authority  | Year 7 – What does respect mean? What<br>does it look like in school, in the wider<br>society. The importance of respecting<br>different beliefs. | Year 7          | Topic<br>9               | Arts (Art –<br>the theme<br>carries<br>through to |

| and due tolerance of other people's beliefs  |  |         |            | T10 and<br>T11 too)  |
|--|--|---------|------------|--|
|  |  |         |            | STEM<br>(Science)  |
|  | Year 8 – Positions of authority – should<br>respect be earned or does a position in<br>authority command respect automatically.  | Year 8  | Topic<br>4 | Social<br>Science<br>(RS)                                    |
| About different types of bullying (including cyber-<br>bullying), the impact of bullying, responsibilities of          | Year 7 – What is bullying and how to recognise it?   | Year 7  | Topic 4    | RS   |
| bystanders to report bullying and where to get help  | Year 8 - exploration of acceptable and<br>unacceptable behaviours on line with<br>reference to cyber bullying.   | Year 8  | Topic 3    | English  |
|  | Year 9 - Digital footprint and the impact on<br>future employment. How sharing images<br>can lead to bullying.   | Year 9  | Topic 2    | English  |
| That some types of behaviour within relationships<br>are criminal, including violent behaviour and<br>coercive control | Year 7 – Exploration of unhealthy<br>behaviours in a relationship to promote<br>awareness and recognition but no going<br>into the specific details regarding coercive<br>and controlling behaviour. | Year 7  | Topic<br>3 | Science  |
|  | Year 9 – Criminal behaviour in<br>relationships –Domestic abuse, stalking,<br>harassment, and coercive control.  | Year 9  | Topic<br>4 | STEM<br>(Maths)<br>Arts (Drama)<br>Social<br>Science<br>(RS) |
|  | Year 11- Recognising coercive and<br>controlling behaviour and how to get<br>information and support if you are<br>experiencing domestic abuse and/or<br>coercive controlling behaviour.             | Year 11 | Topic<br>3 |  |
| What constitutes sexual harassment and sexual violence and why these are always unacceptable                           | Year 9 – Criminal behaviour in relationships –Domestic abuse, stalking, harassment, and coercive control.  | Year 9  | Topic 4    | STEM<br>(Maths)  |

|  |   |         |            | Arts (Drama)<br>Social<br>Science<br>(RS) |
|--|---|---------|------------|---|
|  | Year 10 – The impact of sexual violence and sexual harassment on peoples lives.   | Year 10 | Topic 4    | STEM<br>(Maths)                           |
| The legal rights and responsibilities regarding<br>equality (particularly with reference to the<br>protected characteristics as defined in the<br>Equality Act 2010) and that everyone is unique | Year 7(part 1) – Introduction to the equality act and protected characteristics   | Year 7  | Topic<br>5 | STEM<br>(Science)                         |
| and equal  | Year 7(part 2) – Employment – How<br>employers ensure that the equality act<br>is adhered to during recruitment and<br>other processes. | Year 7  | Topic<br>5 | STEM<br>(Science)                         |

### **Online and media**

| Content   | Content Progression   | Year<br>studied | Торіс      | Faculty                           |
|---|---|-----------------|------------|-----------------------------------|
| Their rights, responsibilities and opportunities<br>online, including that the same expectations of<br>behaviour apply in all contexts, including online  | -exploration of acceptable and<br>unacceptable behaviours on line with<br>reference to cyber bullying.  | Year 8          | Topic<br>3 | MfL                               |
| About online risks, including that any material<br>someone provides to another has the potential to<br>be shared online and the difficulty of removing<br>potentially compromising material placed online | Year 9(part 1) – Raising awareness of the<br>dangers of sharing content online. Digital<br>footprint and the impact on future<br>employment etc Examples to be shared in<br>relation to real people that have fallen<br>fowl of this. | Year 9          | Topic<br>2 | Arts (Media)<br>STEM<br>(Science) |
|   | Year 9(part 2) – Sexting and sharing of<br>inappropriate images. Risks associated<br>and potential criminal offences that could<br>be committed.  | Year 9          | Topic<br>9 | Geography                         |
| Not to provide material to others that they wouldn't want shared further, and not to share  | <ul> <li>Raising awareness of the dangers of<br/>sharing content online. Digital footprint</li> </ul>   | Year 9          | Topic<br>2 | History                           |

| personal material which is sent to them   | and the impact on future employment etc<br>Examples to be shared in relation to real<br>people that have fallen fowl of this.                                   |         |            |           |
|---|---|---------|------------|-----------|
| What to do and where to get support to report material or manage issues online  | -Advice and guidance on how to report and get support in relation to any online issues.   | Year 9  | Topic<br>2 | History   |
| The impact of viewing harmful content   | -What is harmful content – categorisation.  | Year 10 | Topic<br>3 | Science   |
| That specifically sexually explicit material (e.g. pornography) presents a distorted picture of sexual behaviours, can damage the way people see themselves in relation to others and negatively affect how they behave towards sexual partners |   | Year 10 | Topic<br>3 | Science   |
| That sharing and viewing indecent images of<br>children (including those created by children) is a<br>criminal offence which carries severe penalties<br>including jail   | Year 9(part 2) – Sexting and sharing of<br>inappropriate images. Risks associated<br>and potential criminal offences that could<br>be committed.                | Year 9  | Topic<br>9 | Geography |
|   | Year 11 – Specific legislation around<br>sharing of indecent images of children.<br>Online grooming where people encourage<br>children to send indecent images. | Year 11 | Topic<br>5 |           |
| How information and data is generated, collected, shared and used online  |   | Year 8  | Topic<br>1 | Geography |

### Being safe

| Content   | Content Progression  | Year<br>studied | Торіс      | Faculty           |
|---|--|-----------------|------------|-------------------|
| The concepts of, and laws relating to, sexual<br>consent, sexual exploitation, abuse, grooming,<br>coercion, harassment, rape, domestic abuse,<br>forced marriage, honour-based violence and<br>female genital mutilation, and how these can<br>affect current and future relationships | Year 7 – What is consent? Brief<br>introduction to grooming and how to<br>recognise it.            | Year 7          |            | STEM<br>(Science) |
|   | Year 10(Part 1) – Recognising the signs of domestic abuse, coercive behaviour and harassment. Rape | Year 10         | Topic<br>1 | Maths             |
|   | Year 10)Part 2) – Female genital mutilation,<br>honour-based violence and forced                   | Year 10         | Торіс      | MfL               |

|   | marriage.   |         | 5          |                   |
|---|---|---------|------------|-------------------|
| How people can actively communicate and<br>recognise consent from others, including<br>sexual consent, and how and when consent<br>can be withdrawn (in all contexts, including | Year 10(Part 1) – Intimate relationships –<br>recognising consent. How is sexual<br>consent communicated?   | Year 10 | Topic<br>6 | STEM<br>(Science) |
| online)   | Year 10(Part 2) – Withdrawing sexual<br>consent – dealing with sexual pressure<br>from a partner or friend. | Year 10 | Topic<br>8 | Geography         |

## Intimate and sexual relationships, including sexual health

| Content   | Content Progression  | Year<br>studied | Торіс       | Faculty           |
|---|--|-----------------|-------------|-------------------|
| How to recognise the characteristics and positive<br>aspects of healthy one-to-one intimate<br>relationships, which include mutual respect,   | Year 9(part 1) – Recognising the characteristics of a healthy 1:1 intimate relationship.   | Year 9          | Topic 6     | Art               |
| consent, loyalty, trust, shared interests and outlook, sex and friendship   | Year 9(part 2) – Recognising the signs of<br>unhealthy intimate 1:1 relationships and<br>where to get support.   | Year 9          | Topic 9     | English           |
| That all aspects of health can be affected by<br>choices they make in sex and relationships,<br>positively or negatively (e.g. physical, emotional,<br>mental, sexual and reproductive health and<br>wellbeing) | Year 8 – The positive and negative impacts<br>of relationships on emotional and mental<br>well-being. An awareness of metal<br>health conditions which can severely<br>impact relationships. | Year 8          | Topic<br>9  | History           |
|   | Year 10 – The positive and negative<br>impacts of relationships on physical,<br>sexual and reproductive health.  | Year 10         | Topic<br>11 | RS                |
| The facts about reproductive health, including fertili fertility for men and women, and menopause   | ty and the potential impact of lifestyle on  | Year 9          | Topic<br>7  | STEM<br>(Science) |
| That there are a range of strategies for identifying<br>and managing sexual pressure, including<br>understanding peer pressure, resisting pressure  | Year 10(Part 2) –Peer pressure in relation to sexual activity and resisting it.  | Year 10         | Topic<br>6  | STEM<br>(Science) |

| and not pressurising others   | Year 10(Part 2) – Withdrawing sexual<br>consent – dealing with sexual pressure<br>from a partner or friend.   | Year 10 | Topic<br>8  | Maths     |
|---|---|---------|-------------|-----------|
| That they have a choice to delay sex or enjoy intim   | acy without sex   | Year 10 | Topic<br>8  | Maths     |
| The facts about the full range of contraceptive choices, efficacy and options available   | Year 10(Part 1) – Contraceptive methods   | Year 10 | Topic<br>9  | MfL       |
| he facts around pregnancy including miscarriag  | Year 10(Part 2) – where to access advice<br>and guidance around suitable<br>contraception.  | Year 10 | Topic<br>10 | Geography |
| he facts around pregnancy, including miscarriage  |   | Year 10 | Topic<br>9  | MfL       |
| That there are choices in relation to pregnancy<br>(with medically and legally accurate, impartial<br>information on all options, including keeping the<br>baby, adoption, abortion and where to get further<br>help) | Year 9 – Choices in relation to pregnancy<br>and different attitudes towards options<br>based on faiths.  | Year 9  | Topic<br>8  | Science   |
|   | Year 10 – Where to gain impartial guidance<br>and support with decisions around<br>pregnancy.   | Year 10 | Topic<br>9  | MfL       |
| How the different sexually transmitted infections,<br>including HIV/AIDs are transmitted, how risk can<br>be reduced through safer sex (including condom  | Year 9 – General sexual health and the<br>importance of contraception to prevent<br>the transmission of STIs  | Year 9  | Topic 11    | Maths     |
| use) and the importance of and facts about testing  | Year 10 -How the different sexually<br>transmitted infections, including HIV/AIDs<br>are transmitted, how risk can be reduced<br>through safer sex (including condom use)<br>and the importance of and facts about<br>testing | Year 11 | Topic 1     |           |
| About the prevalence of some STIs, the impact<br>they can have on those who contract them and<br>key facts about treatment  | Year 9 – General sexual health and the<br>importance of contraception to prevent<br>the transmission of STIs  | Year 9  | Topic<br>11 | Maths     |
|   | Year 11 –Specific signs and symptoms of different STIs and treatments.  | Year 11 | Topic<br>1  |           |

| How the use of alcohol and drugs can lead to risky sexual behaviour   |  | Year 9  | Topic<br>5 | RS                |
|---|--|---------|------------|-------------------|
| How to get further advice, including how and<br>where to access confidential sexual and<br>reproductive health and advice and treatment | Year 9 – What do we mean by sexual and reproductive health?                                    | Year 9  | Topic<br>7 | STEM<br>(Science) |
|   | Year 11 – Signposting to local services<br>where students can access free impartial<br>advice. | Year 11 | Topic<br>7 |                   |