Curriculum Content Map
Subject: PE Year 9

Curriculum C	Content N	Иар		Subject: PE Year 9 Term 1 Term 3						
Month			Term 1 Half Term 1	Half Term 2	Half Term 3	rm 2 Half Term 4	Term 3 Half Term 5	Half Term 6		
	Jnits of Work			ootball letball lockey	Tchouckball Hockey Football	Rugby Badminton Fitness	Fitness Football Badminton	Cricket Athletivs Rounders	Athletics Softball	
Cultural Transmission	National Curriculum L area – KS3			Use a range of tactics and strategies to overcome opponents in direct competition through earn and individual games.	 Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games. 	 Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games. 	Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games.	 Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games. 	Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games.	
					Develop their technique and improve their performance.	Develop their technique and improve their performance.	Develop their technique and improve their performance.	Develop their technique and improve their performance.	Develop their technique and improve their performance.	
			ac	chieve their personal best.	achieve their personal best.	achieve their personal best.	 Analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best. 	achieve their personal best.	Analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best.	
	Substa ntive Knowle	The Wh			the fundamentals of Physical Education, with each a		sess, Dance, Cricket, Athletics, Rounders and Softball. These sports are used to build substantive meete in each individual activity in future years. Specifically, students will execute different tac		pportunity to participate in each sport over the course of Year 9. Students are taught	
			St		Students will learn the disciplinary skills for each activity as follows;	Students will learn the disciplinary skills for each activity as follows;	Students will learn the disciplinary skills for each activity as follows;	Students will learn the disciplinary skills for each activity as follows;	Students will learn the disciplinary skills for each activity as follows;	
			• ac	vasion and Striking and Fielding; Develop ability to vary tactics, actions and ideas and link these in ways that suit the games civity.	Invasion and Striking and Fielding; • Develop ability to vary tactics, actions and ideas and link these in ways that suit the games activity.	Invasion and Striking and Fielding: Develop ability to vary tactics, actions and ideas and link these in ways that suit the games activity.	Invasion and Striking and Fielding; • Develop ability to vary tactics, actions and ideas and link these in ways that	Invasion and Striking and Fielding; Develop ability to vary tactics, actions and ideas and link these in ways that suit the games activity.	Invasion and Striking and Fielding; Develop ability to vary tactics, actions and ideas and link these in ways that suit the games activity.	
			•	Students will develop positioning on the court/pitch and placement of the diffeerent shots. Execute effective communicate with others during game situations.	- Students will develop positioning on the court/pitch and placement of the diffeerent shots. • Execute effective communicate with others during game situations.	 Execute effective communicate with others during game situations. 	suit the games activity. - Students will develop positioning on the court/pitch and placement of the	Students will develop positioning on the court/pitch and placement of the diffeerent shots. Execute effective communicate with others during game situations.	- Students will develop positioning on the court/pitch and placement of the diffeerent shots.	
			•	Practices are completed that encourage the use of skills with co-ordination and control. Understand and execute how to compete in a controlled manner. Students will independently carry out different skills and tactical conversations with their	 Practices are completed that encourage the use of skills with co-ordination and control. Understand and execute how to compete in a controlled manner. Students will independently carry out different skills and tactical conversations with their 	 Practices are completed that encourage the use of skills with co-ordination and control. Understand and execute how to compete in a controlled manner. Students will independently carry out different skills and tactical conversations with their 	diffeerent shots. - Students will show a good understanding of spatial awareness and	 Practices are completed that encourage the use of skills with co-ordination and control. Understand and execute how to compete in a controlled manner. Students will independently carry out different skills and tactical conversations with their 	Execute effective communicate with others during game situations. Practices are completed that encourage the use of skills with co-ordination and control.	
	ge		te	eam.	team. Outdoor Adventurous Activities;	team. Outdoor Adventurous Activities;	successfully execute this within a pressured game situation, and make a good and productive use of space.	team. Outdoor Adventurous Activities;	Understand and execute how to compete in a controlled manner. Students will independently carry out different skills and tactical conversations	
	Disciplinary knowled		sit	ituations	Excute listening and communication skills within game play and in pressured game situations Develop problem solving skills, including map skills and excute	Excute listening and communication skills within game play and in pressured game situations Develop problem solving skills, including map skills and excute	Execute effective communicate with others during game situations. Practices are completed that encourage the use of skills with co-ordination	Excute listening and communication skills within game play and in pressured game situations Develop problem solving skills, including map skills and excute	with their team. Outdoor Adventurous Activities; • Excute listening and communication skills within game play and in pressured	
		The Hov	•		Discuss and work with others in a group effectively Demonstrates an understanding of how to stay safe	Discuss and work with others in a group effectively Demonstrates an understanding of how to stay safe	Inderstand and execute how to compete in a controlled manner.	Discuss and work with others in a group effectively Demonstrates an understanding of how to stay safe	game situations Develop problem solving skills, including map skills and excute	
				Studnets will apply effective tactical approaches within each game, looking as a team as to ow to attack and defend effectively	- Studnets will apply effective tactical approaches within each game, looking as a team as to how to attack and defend effectively	- Studnets will apply effective tactical approaches within each game, looking as a team as to how to attack and defend effectively	Students will independently carry out different skills and tactical conversations with their team.	- Studnets will apply effective tactical approaches within each game, looking as a team as to how to attack and defend effectively	Discuss and work with others in a group effectively Demonstrates an understanding of how to stay safe Students will peak of faction testing language the width a continuous language.	
			•	tnietics Execute the ability to run at speeds appropriate for the distance. e.g. sprinting and cross ountry	Attrietics Execute the ability to run at speeds appropriate for the distance. e.g. sprinting and cross country	Anniencs • Execute the ability to run at speeds appropriate for the distance. e.g. sprinting and cross country	Outdoor Adventurous Activities; • Excute listening and communication skills within game play and in	Attnetics • Execute the ability to run at speeds appropriate for the distance. e.g. sprinting and cross country	- Studnets will apply effective tactical approaches within each game, looking as a team as to how to attack and defend effectively Athletics	
			•	Performs a variety of throws using a selection of equipment (differentiated tasks)	Perform a running jump with some power and accuracy and control Performs a variety of throws using a selection of equipment (differentiated tasks) Course outliers at selection of equipment (differentiated tasks)	Perform a running jump with some power and accuracy and control Performs a variety of throws using a selection of equipment (differentiated tasks)	pressured game situations Develop problem solving skills, including map skills and excute Discuss and work with others in a group effectively	Perform a running jump with some power and accuracy and control Performs a variety of throws using a selection of equipment (differentiated tasks) Convice property of the and with a pad control	Execute the ability to run at speeds appropriate for the distance, e.g., sprinting and cross country Defree a biling is two with come course and accuracy and course.	
				ance;	Can use equipment safely and with good control. Dance;	Can use equipment safely and with good control. Dance;	Demonstrates an understanding of how to stay safe Studnets will apply effective tactical approaches within each game, looking	Can use equipment safely and with good control. Dance;	Perform a running jump with some power and accuracy and control Performs a variety of throws using a selection of equipment (differentiated tasks) Can use equipment safely and with good control.	
			th	he different dynamics. Students will be using peer assessment, for giving one another	Within Yeaer 9 Dance, students will develop their chroeography skills ensuring they are using the different dynamics. Students will be using peer assessment, for giving one another feedback of what the groups are doing well and what they can improve on to ensure they are	the different dynamics. Students will be using peer assessment, for giving one another	as a team as to how to attack and defend effectively	Within Yeaer 9 Dance, students will develop their chroeogrpahy skills ensuring they are using the different dynamics. Students will be using peer assessment, for giving one another feedback of what the groups are doing wel and what they can improve on to ensure they are		
	(wc	noise	St	tudents will build upon their knowledge from both Year 7 & 8. This will include a number of			Students will build upon different tactical knowledge from previous lessons and apply the best tactical appraoch to each sport that they see fit.	Students will build upon different tactical knowledge from previous lessons and apply the best tactical appraoch to each sport that they see fit.	Students will build upon different tactical knowledge from previous lessons and apply the best tactical appraach to each sport that they see fit.	
	Sequencing (Flo	Retrieval & Exter				tactic within their gameplay. Students will build upon their knowledge of a healthy lifestlye as	Students will develop their tactical knowledge further, ensuring they are applying an effective tactic within their gameplay. Students will build upon their knowledge of a healthy lifestlye as we will continue to promote this within our lessons. Students will become ready and organised for BTEC Sport courses by using key terminology.			
	Summative Assess ment		ar				Students will be completing an end of sport assessment based on their practical performance and an average of their grades from this term across the sports used. Additional summative information will be drawn from their independent Learning Booklet.	Students will be completing an end of sport assessment based on their practical performance and an average of their grades from this term across the sports used. Additional summative information will be drawn from their Independent Learning Booklet.		
Personal Empowerment	Virtue			Friendliness and Civility (Sept) Justice and Truthfulness (Oct)	Courage (Nov) Generosity (Dec)	Gratittude (January) Good Speech (February)	6. Good Speech (Feb) 7. Good Temper and Good Humour (Mar)	8. Self-Mastery (April and May)	Compassion (June) Good Sense (July)	
	to Virtue	The opportuni reflect, this deeply an		riendliness and Civility - Peer support within lessons, allowing for constructive feedback esulting in peer and group development.	Courage – Being honest about their skills and confidence levels within lessons whilst trying to apply new skills within game situations.	Gratitude – Students will demonstrate gratitude in lessons by showing their appreciation for the equipment they are using as well showing their thanks to learning new skills.	Good Speech – Delivering effective feedback for peers whilst being able to ask clear questions within lessons.	Self –Mastery – Students will be able to effectively demonstrate ones skills within a competitive situation. Students will continue to apply themsleves in each lesson in order to	Compassion – Help with peer-feedback and evaluation in a caring and constructive way	
		critically about	. Ju	ustice and Truthfulness – When working within groups and within competitive situations upils will be expected to be truthful and display sportsmanship.	Generosity – Students will be sharing equipment, ideas and knowledge within each sport.	Good Speech – Students will demonstrate good speech when communicating with their team mates throughout skill based activities as well as game situations.	Good Temper/Humour – be able to stay calm in testing situations within PE.	carry out every activity with concentration and energy.	Good Sense – Students will understand how our behaviours and efforts effect our performance and that of those around us.	
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Preparation for Work	Skill			1. Listening (Sept) 2. Leadership (Oct)	Problem Solving (Nov) Creativity (Dec)	Staying Positive (January) Speaking (February)	6. Speaking (Feb) 7. Staying Positive (Mar)	8. Aiming High (April and May)	10. Speaking (June) 11. Teamwork (July)	
	to Skill	le skills				Staying Positive – Students will show how to stay positive when they are not being	Speaking – using communication as a tool within each sport to provide effective and		Speaking – using communication as a tool within each sport to provide	
		nsferab		onstructive peer to peer feedback. eadership – Be able to successfully lead a warm up, display leadership skills within	tactics, skills and ways to implement them to solve the problem.	successful within game situations, but students will take on feedback and remain positive and resilient.	efficient information to help peers. Staying Positive – Using feedback in a positive way relating to the development and	them within a contested situation. Students will continue to set high expectattions of themselves in each sport they are performing.	effective and efficient information to help peers. Teamwork – Support each other to help make decisions on tactics and the	
	Link t	Tra			demonstrating basic fundamental skills and tactics.	Speaking – Students will speak with one another throughout practices and skill technique. Students will use the correct terminology when discussing with one another.	learning of new skills and techniques.		development of new skills in order to improve.	
Preparation for Citizenship	es sh			Encourage students to accept responsibility for their behaviour, show initiative, and				courage students to accept responsibility for their behaviour, show initiative, and		
	SMSC Britis Value Opinions		issues	to understand how they can contribute positively to the lives of those living and working in the locality of the school and to society more widely;		Students to develop their self-knowledge, self-esteem and self-confidence;		to understand how they can contribute positively to the lives of those living and working in the locality of the school and to society more widely;		
	Link to SMSC & British	Values eveloping o curent is	curent	Students will use their leadership skills to become resposible for how they conduct themselves in the community.		Students will develop and grow their self esteem when participating in PE.		Studnets will show initiative and accept responbility for their actions with PE.		
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