Subject: PE Year 8 Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games.
Develop their technique and improve their performance.
Analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best.
Take part in adventurous and outdoor activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group and individual games.

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thieve their personal best. neir performances compared to previous ones and dieve their personal best. rricul (S3 ieve their personal best. Within Year 8, students are taught the sport specific skills and techniques within each activity. Students will cover the following activities in Year 8; Football, Netball, Rugby, Tchoukball, Fitness, Dance, Badminton, Handball, OAA, Rounders, Cricket, Softball, Tennis and Athletics **Cultural Transmission** tudents will practise sport specific skills and techniques in isolation and during skill/drill type practices. This will then progress on to unconditioned games, which allows these skills and techniques to be developed. Students will be taught to vary skills, actions and ideas of how to link these. They will be encouraged to show confidence in using skills in various ways and will be shown how to link these together effectively, e.g. dribbling, bouncing, kickin these skills and techniques to be developed. Students will be taught to vary skills, actions and ideas of how to link the:

Invasion and Striking & Fielding:

• Students are guided to vary skills, actions and ideas and link these in ways that suit the games activity.

• Develop confidence in using ball skills in various ways and can link these together, e.g. dribbling, bouncing, kicking.

• Uses skills with co-ordination, control and fluency.

• Works well in a group to develop various games.

• Applies basic activity specific skills for attacking and defending.

• Uses activity specific skills, such as, running, jumping, throwing and catching in isolation and combination.

Outdoor Adventurous Activities:

• Develops strong listening skills.

• Activities completed that develop map-reading skills.

• Tasks encourage the development of problem solving skills.

• Students choose and apply strategies to solve problems with support.

• Students demonstrate an understanding of how to stay safe.

• Students are taught to begin to use a variety of running techniques and use with confidence.

• Can perform a running jump with more than one component. e.g. hop, step, jump (triple jump)

• Describes good athletic performance using correct vocabulary.

• Can use equipment safely and with good control.

<u>Dance</u> The How Dance
In Year 8 Dance students will take their knowledge of different dance styles and apply it to further exploration of performing, choreographing and appreciation of Dance from around the world. Students will be using verbs and adjectives to choreograph movements using Andy Goldworthy statues as a stimulus. ustreval
ast term pupils contiuned their focus on sports specific skills with the introduction of tactics and how to apply them in game situations. Pupils will have covered a number of invasion game state of the structure of the state of t nectives

It is a last term upils started to look at the sports specific skills and tactics required to be successful in a mixture of team and individual sports, providing the opportunity for pupils to self-assess their performances and participate in peer on peer feedback to aid development. During their PE lessons throughout year 7 pupils will have developed a range of transferable skills whilst introducing sports specific skills within the sports covered. nelping to build on their self-confidence, self-awareness and ability to work within a team which will help pupils not only in future PE lessons, but future life. EXEMBION

Uning the first term of PE year 8 pupils will be continuing their focus on sports specific skills and how to apply them in game situations. This allows pupils to develop their d
skills within challenged situations, pupils will also begin to look at tactics and how to apply them within games. Extension
This term will see pupils continue their focus on sports specific skills within team sports such as handball and basketball. Pupils will also have the opportunity to develop their sports specific skills within individual sports such as; fitness and badminton. The introduction of individual sports allows pupils to take time to analyse their own performance whilst working with peers to provide peer on peer feedback. Pupils will also be looking at basic tactics used within these sports and how to apply them in competetive situations. EXECUTE: This term will see pupils move on to summer sports such as athletics, cricket and rounders. These are sports that pupils will have already had the opportunity to learn the basic rules and skills for, allowing them to look more closely at sports specific skills and tactics used to be successful. A mixture of team and individual sports will be covered allowing all pupils to develop their ability to work within groups promoting the schools values. Students will be completing an end of sport assessment based on their practical performance and an average of their grades from this term across the sports used. Additional summative information will be drawn from their independent Learning Booklet. students will be completing an end of sport assessment based on their practical performance |
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2. Justice and Truthfulness – When working within groups and within competitive situations pupils will be expected to be truthful and display sportsmanship. Constructive way
 Good Sense – understand how our behaviours and efforts effect our performance and that of those around us. to apply new skills and tactics within game situations.

2. Generosity – sharing equipment, ideas and knowledge within each sport. Good Temper/Humour – be able to stay calm in testing situations within PE Ę Preparation for Work Listening (Sept Staying Positive Problem Solving (Nov) Creativity (Dec) 6. Speaking 7. Staying Positive iming High 10. Speaking Skill 11. Teamwork 1. Listening – Instructions regarding the introduction to new skills and techniques and tactics, along with constructive peer to peer feedback.

1. Problem-Solving – Identifying potential problems in game situations and identifying tactics, skills and ways to implement them to solve the problem. 2. Creativity – be able to sucressfully lead a warm up, display leadership skills within lessons including; communication skills and organisation. Staying Positive – Using feedback in a positive way to develop newly learned skills and techniques.

Speaking – using communication as a tool within each sport to provide effective and efficient information to help peers.

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Speaking – using communication as a tool within each sport to provide effective and efficient information to help peers. Aiming High – looking to develop skills to the highest level possible and apply Speaking – using communication as a tool within each sport to provide effective and efficient information to help peers. 2. Teamwork – Support each other to help make decisions on tactics and the development of new skills in order to improve. SMSC SMSC SMSC Cultural Moral Cultural Moral Social Social Social British Values
The Rule of Law
Demoncrasy
Individual liberty British Values
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The Rule of Law Demoncrasy Individual liberty Mutual respect Mutual respect Mutual respect و British Values

1. An understanding of the importance of identifying and combatting SMSC

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 2. Ensure that all pupils within the school have a voice that is listened to. Enable students to develop their self-knowledge, self-esteem and self-confidence 1. An under Encourage students to accept responsi . Ensure that all pupils within the school have a voice that is listened to. 3. encourage respect for democracy and support for participation in the democraencourage respect for democracy and support for participation in the democrat encourage respect for democracy and support for participation in the democrati