



newsupdate

A Social Enterprise serving Young People in their Community

HOW DO YOU FIND A CAREER THAT WILL BRING YOU FULFILMENT AND WELLBEING? THE JAPANESE HAVE A CONCEPT CALLED 'IKIGAI' THAT MEANS 'A REASON FOR BEING'. THE WORD REFERS TO HAVING A DIRECTION OR PURPOSE IN LIFE, THAT WHICH MAKES ONE'S LIFE WORTHWHILE, AND TOWARDS WHICH AN INDIVIDUAL TAKES SPONTANEOUS AND WILLING ACTIONS GIVING THEM SATISFACTION AND A SENSE OF MEANING TO LIFE.

In this newsletter, we will be looking at job families and the personality traits and skills that are commonplace for people who work in those job families.

Finding a job family that matches your skills and personality can help you find your Ikigai. We have listed some popular job families below and listed school subjects that complement that job family and traits and skills common to professionals working in careers within those families.

It may help you to do this simple task to help you work out which job families you match with.



Task (optional)

Read these personality traits and circle any which you think you match. If you find this hard, you can always ask a friend or family member who knows you well to circle the ones they think match you.

**curious logical scepticism objective
confident professional creative
independent resilient resourceful
proactive flexible adaptable passionate
empathetic approachable practical caring
innovative problem solver motivated
decisive persuasive hardworking friendly**

You can see more information about us here www.4ypuk.com

Now read these skills and circle which you think best apply to you.

attention to detail **strong IT** **numeracy** **literacy** **communication**
teamwork **strong observational skills** **accurate** **work**
under pressure **practical creative talent** **time management**
negotiation **mechanical and technical knowledge** **people skills**

Note the skills highlighted in red. These are skills that we call transferable. This means that they are highly valued across most job sectors and almost all employers will want employee's who can demonstrate these skills.

Now you have a list of your personality traits and skills, look through these popular job families and see how many you match with each family. If you don't currently have those skills, are they skills you could develop?

Science and pharmaceuticals



Subjects: Biology, chemistry, physics, maths, geography, engineering, psychology, PE, computer science

Traits: Curiosity, logic, creativity, scepticism, and objectivity

Skills: Attention to detail, strong IT and numeracy, open minded, communication, teamwork, strong observational skills

Job titles: Forensic Scientist, Marine Biologist, Meteorologist, Environmental Consultant, Research Scientist, Lab Technician, Biomedical Scientist, Colour Technologist, Pharmacologist, Microbiologist, Physicist.



Accountancy, Banking & Finance



Subjects: Maths, economics, business, IT, English,

Traits: Logical, confident, professional,

Skills: Attention to detail, accurate, work under pressure, strong IT and numeracy, communication

Job titles: Actuary, Chartered Accountant, Financial Advisor, Insurance Broker, Retail Banker, Stockbroker, Tax Advisor, Investment Analyst, Management Accountant

Creative Industries, Art and Design

Subjects: Art, graphic design, design technology, IT, drama, dance, English, media,

Traits: Creative, independent, resilient, resourceful, proactive, flexible, adaptable, passionate

Skills: Practical creative talent, communication, networking, time management

Job titles: Graphic Designer, Actor, Fashion Designer, Illustrator, Architect, Concept Artist, Set Designer, Dancer, Director

Healthcare



Subjects: Health and Social Care, biology, chemistry, maths, PE

Traits: Empathy, approachable, practical, resilient, caring

Skills: Attention to detail, communication, calm under pressure, teamwork

Job titles: Doctor, Care Worker, Nurse, Psychologist, Physiotherapist, Occupational Therapist, Paramedic, Midwife, Dietician, Clinical Scientist

Engineering



Subjects: Engineering, maths, physics, chemistry, English

Traits: Curious, logical, creative, innovative, problem solver

Skills: Attention to detail, numeracy, communication, teamwork, technical knowledge, always wanting to learn.

Job Titles: Mechanical Engineer, Electrical Engineer, Civil Engineer, Software Engineer, Chemical Engineer, Nuclear Engineer, Aerospace Engineer, Automotive Engineer, CAD Technician, Design Engineer

Sport



Subjects: Sport, PE, Biology, Chemistry, Psychology, English, Maths

Traits: Passion, Enthusiasm, Motivated, Flexible

Skills: Fit, Teamwork, Communication, Organisation, Business acumen, Customer focused

Job Titles: Sport Coach, Personal Trainer, Gym Instructor, Sport Psychologist, Sport Therapist, Physiotherapist, Sport Development Officer, Outdoor Activity Instructor, PE Teacher.

Law



Subjects: English, maths, history, politics, law, philosophy, literature, RE, business

Traits: Resilient, confident, perseverance, analytical, accountability,

Skills: Research, attention to detail, problem solving, listening, communication, negotiation

Job Titles: Solicitor, Barrister, Paralegal, Chartered Legal Executive, Trademark Attorney, Licensed Conveyancer

Public Services



Subjects: Maths, English, Science, PE

Traits: Resilient, confident, integrity

Skills: Communication, teamwork, people skills, fit, problem solving

Job Titles: Firefighter, Armed Forces, Police, Air Rescue, Sea Rescue

Business



Subjects: Maths, business, economics, English, politics, media, IT

Traits: Motivated, decisive, persuasive, creative, flexible, confident

Skills: Communication, teamwork, networking, numeracy and literacy, IT skills, business acumen

Job Titles: Entrepreneur, Human Resources, Marketing, Social Media Manager, Finance Manager, Sales

Teaching and Education



Subjects: Maths, English, science, PE, history, geography, RE, art, drama

Traits: Empathy, approachable, practical, resilient, caring,

Skills: Communication, confident, teamwork, numeracy and literacy,

Job Titles: Primary School Teacher, Secondary School Teacher, PE Teacher, Nursery Assistant, Teaching Assistant

Construction:



Subjects: Design technology, construction, maths, English, science

Traits: hardworking, friendly, practical, problem solver, logical

Skills: Mechanical and technical knowledge, communication, teamwork, numeracy and literacy

Job Titles: Builder, Construction Manager, Quantity Surveyor, Plumber, Painter and Decorator, Electrician, Carpenter

IT



Subjects: IT, computer science, maths, English, science

Traits: Problem solver, practical, logical, analyst

Skills: Time and task management, technical knowledge, communication, teamwork, attention to detail

Job Titles: Business Analyst, Cyber Security, Data Scientist, Game Developer, IT Technical Support, Web Developer, Software Engineer

Retail and catering



Subjects: Maths, English, science, food tech

Traits: Approachable, practical, enthusiastic, passionate

Skills: Time management, communication, people skills, teamwork.

Job Titles: Chef, Customer Assistant, Call Centre Manager, Retail Buyer, Sales Executive, Warehouse

Getting to know ourselves, our strengths and what drives us can help us identify job families that will provide a career that will allow us to flourish. If you would like to find out more about the careers above or take some quiz's and tests to match jobs to you, these websites might be useful:

www.prospects.ac.uk

<https://www.startprofile.com/>

<https://icould.com/explore>

Considering job families is just one way of thinking about future career paths. Some of us find it harder to pinpoint one family and that is OK – it suggests you have transferable skills which will help you across a wider choice of jobs, have more varied interests, or are motivated by something different.

If you are still unsure, email apg@4ypuk.com with your contact details and a careers adviser will get in touch to arrange a chat.

Would you like a careers interview over the phone or via video?



Do you go to one of the schools/colleges listed below? Are you considering your next steps?

You will be able to talk with a qualified Careers Adviser for an impartial, 1-1 session to help make decisions on your next steps - that could be getting advice on what to study, careers guidance, making applications, writing CVs or searching for that dream job!

PARTICIPATING SCHOOLS/COLLEGES

All Saints Academy ● The Academy of Central Bedfordshire
Central Bedfordshire College ● Harlington Upper School
Manshead CE Academy ● Priory Academy ● Queensbury Academy
Redborne Upper School ● Samuel Whitbread Academy
Stratton Upper School ● Vandyke Upper School ● Etonbury Academy

Funded by our school partners and our research project with The Careers Enterprise Company

Do stay in touch and let us know what you want to read about... and remember, you can always contact us to arrange a careers guidance appointment over the phone / video call!

Email us on apg@4ypuk.com

