

EMB/eto

9<sup>th</sup> January 2020

Dear Parents/Carers

**Sex and Relationships Education/Staying Safe**

At All Saints Academy, we are committed to our vision of “Living Well Together with Dignity, Faith and Hope” and this shapes our programme of Personal, Social, Health and Citizenship Education (PSHCE) and our Spiritual, Moral, Social and Cultural Education (SMSC). As part of our delivery, we offer a programme of Sex and Relationships Education (SRE) for all students. We are planning to deliver the Year 7 programme through Wednesday P5 Electives time starting on Wednesday 22<sup>nd</sup> January and we would like to give you an overview of what the programme will entail.

The focus of this year’s programme is very much on helping our students understand their changing bodies and changing emotions. The five sessions will cover:

- Puberty
- Reproduction
- Sexual Activity
- Staying Safe Online
- Healthy Relationships

We will offer a short briefing session for parents/carers at 5.00pm on Tuesday 14<sup>th</sup> January which will allow you to have an insight into the material being covered. The content of our sessions has been sourced from recommended Sex Education providers and was delivered successfully to last year’s students. Our PSHE and SRE Policies can be found on our website and provide more detail of our provision. We believe that the content is relevant to all our young people and the topics will be covered in a safe and respectful way. We will assume that every student will participate in these sessions unless you contact us to discuss a specific concern.

If you have any questions or concerns, please contact us by Wednesday 15<sup>th</sup> January by phoning the Academy or emailing us on [parentcontact@asadunstable.org](mailto:parentcontact@asadunstable.org)

Yours faithfully



Elaine Boyd  
**Assistant Principal - Year 7**

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