

NEWSLETTER

ALL SAINTS

Issue 1 - September 2018

Dear Parents and Carers

Depending on when you read this our Year 7 and 8 students will be sharing, or will have shared, in the Harvest Festival Celebrations at St Alban's Cathedral (Monday 1st October). Students have been selected to sing and read during this biennial celebration and showcase the talent that we have in our younger students. It doesn't seem five minutes since we were starting the new term and here we are fast approaching half-term!

The summer GCSE results were the best since the Academy opened with a greatly improved Progress 8 score- more on that when the data is officially released in late October.

In the first few weeks back we have had a real push on maintaining our high standards of uniform and I know, as parents and carers, you will support the Academy's hard work in helping our students to be the best they can be.

This year we are having a real focus on student leadership throughout the Academy and I am delighted to welcome Cody Robinson and Felicity Young as our Head Boy and Head Girl. Over the next few weeks they will meet with me, the Senior Leadership Team and student leaders from every form group to raise the profile of student voice.

In the same way it would be useful to have a parent body that did the same for parents, so if you or someone you know would like to begin a PTA group then please do make contact with the Academy and let me know.

Here's to an exciting year and an opportunity to see our students flourish into the young men and women we want them to be!

Liz Furber Executive Principal



Dear Parents and Carers

This is our first newsletter of the academic year, so a belated welcome, or welcome back, to our students and to you as their parents and carers. We particularly welcome our new Year 7 students and hope they are feeling settled in a new environment. We are delighted with the summer's examination results and congratulate all young people who helped to achieve the Academy's best outcomes yet. We wish all of them well in the next phase of their studies, be it in the Sixth Form, at College or for those just starting their university courses.

It's nearly three years since our Principal, Liz Furber, assumed the helm at All Saints. During that time, the Academy has gone from strength to strength with a relentless focus on doing what is best for the students in our care. I want to put on record the thanks of the Governors for the leadership and drive she has shown during that time.

'Leadership is the capacity to translate vision into reality'. That is something that has certainly happened at All Saints since 2015. Sincere thanks also to all the staff who have supported the Principal through their hard work and commitment.

Part of our vision is to make All Saints an outstanding school. My belief is that we are well on our way with that journey and I look forward to reporting on further achievements in coming newsletters, especially as we reach significant milestones.

David Fraser Chair of Governors



INDIVIDUALISED PATHWAYS

Welcome to the Individualised Pathways Team

Kate Searle Assistant Principal

Melissa Tynegate Deputy Assistant Principal

Lisa West Curriculum Leader Student Support

Diane Hutton Child Protection & Safeguarding Manager

Anita Pullen Welfare & Safeguarding Officer

Alison Spicer Inclusion Manager Kirsty Tarrant Inclusion Officer

Linda Craig PA to Student Services Robbie Swain Attendance Officer

Lynn Jackson Student Support Worker Sue Kelly Student Support Worker Nina Sleeman **Student Support Worker** Rachel Whitelock **Student Support Worker Lucile Pons** Student Support Worker Stephen Pynn Student Support Worker Alisson Esther Debrulle Student Support Worker Staci Phipps **Student Support Worker** Nicola Oxley Student Support Worker Colleen Pritchett Student Support Worker Pat Leonard Jones Intervention Mentor

Rosemary Johnson HLTA

Inclusion Unit

At All Saints Academy, we are committed to our vision of Living Well Together with Dignity, Faith and Hope. A significant part of this vision is our work with students who require additional support during their time with us. During the course of last year, a stand-alone Inclusion provision was developed on the Academy site and there are now opportunities to support identified students in ensuring they have the best possible choices and life skills from Year 7 to Post 16. We aim to provide an inclusive education for all and this will play a great part in ensuring we provide the appropriate curriculum for these students, giving them every opportunity to excel and make progress during their time with us.

Alison Spicer Inclusion Manager

The Team

The IP team consists of many members of staff who have different skills and experience. We use this experience to ensure that the staff are working in the most effective places and delivering support to students on an on-going basis. We are lucky to have 10 Student Support Workers (SSWs) at the Academy and we also have 1 Higher Level Teaching Assistant (HLTA) who is based predominantly in the Maths curriculum area.

Our SSWs support in classes, they take small groups of students within classes and they also work with individuals. The communication between members of staff and SSWs is key to ensuring progression for our students with additional needs.

In addition to this support we also offer bespoke interventions. We believe that students should receive intervention that will help them to make progress and therefore we look at the needs of the individuals and assign them to a suitable programme. If one is not available we look to finding one. These interventions are carried out by members our team and we are planning on using more of our SSWs to deliver these to ensure that they are also maximising their skills and working with our students on a more 1:1 basis.

INDIVIDUALISED PATHWAYS

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Free School Meals

The qualifying benefits to receive free school meals for children in Year 3 and over are:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part IV of the Immigration and Asylum Act 1999
- The Guarantee element of State Pension Credit
- Child Tax Credit (provided you are not also entitled to Working Tax Credit, and your annual gross income does not exceed £16,190 as assessed by Her Majesty's Revenue and Customs)
- Working Tax Credit run-on (paid for 4 weeks after you stop qualifying for Working Tax Credit)
- Universal Credit (during the initial roll-out of this benefit)

If you think you meet the free school meals eligibility criteria, please call Central Bedfordshire on **0300 300 8306**. When you call to apply for free school meals, please have the following information ready:

- National Insurance numbers and dates of birth for you and your partner
- dates of birth for your children
- if you receive support from the National Asylum Support Service, your NASS number

If your child is aged 16-18 and attends a further education or sixth form college, please contact the college for information about free school meals. As soon as it is confirmed that you qualify, your child's free school meals can start from the date you apply. Your child can then get a free school meal every day from the standard menu at the school's canteen or cafeteria. If you need any help from the school please do class us and we will be happy to help.

Anita Pullen

Safeguarding and Welfare Officer

Career Interviews

The Year 11 students have already begun their careers interviews, looking at identifying key skills and qualifications needed and entry requirements for Sixth Form and various courses and apprenticeships. This support and advice will be offered to all year groups throughout the year. I will be working with 4YP, who will be in school once a week, giving impartial and independent Careers advice to our students.

Helen AntonHead of Careers

Attendance Matters

Our attendance target is 96% and we know that there is a very real relationship between excellent exam results and consistent attendance. Where attendance is below our expected levels, we will write to parents and carers offering our support but also warning of the consequences of poor attendance. Please encourage your child to attend every day they are able and remember to contact us when they are not in the Academy so that we can work with you to support their return.

Robbie Swain Attendance Officer

Welcome to the KS3 Team

Elaine Boyd Assistant Principal
Alex Hide Deputy Assistant Principal
Colleen Pritchett Key Stage Assistant

Jo Goodchild Head of Year 7

lain Grant Assistant Head of Year 7

Camille Christie Tutor 7COU
Alex Caraca Tutor 7DET
Natalie Hodge Tutor 7EXC
Charlotte Robson Tutor 7INS
lain Grant Tutor 7RES

Sophie Bolton Head of Year 8

Vicki Lake Tutor 8COU
Jo Astin Tutor 8DET
Melissa Jolliffe Tutor 8EXC
Lucas Rambourg Tutor 8INS
Caroline Room Tutor 8RES

What Makes Me, Me?

We started our Wednesday Enrichment Programme by considering what makes each of us unique and special. Students were invited to write a short poem and submit it using the Showbie App—which has been a real hit with our iPad users. We received over 100 poems with some amazing thoughts and ideas. This one, from Lily Helliadis captured the content of the session perfectly:-

Everybody lives different lives, in different ways,
People explore the world on different days.
I've started a new chapter, a new school has begun.
This school is full of responsibilities
And even though I'm young,
I feel I can achieve anything ahead of me.
I have to try and be the best I can be,
I love this school, I've made good friends, I feel that I belong.
With my friends around me, I feel strong!

New Beginnings

We are very proud of the way that Year 7 and Year 8 have started the new academic year. Year 7 responded to their Induction Day with enthusiasm and have settled in quickly and Year 8 really engaged with their target setting process. As a Key Stage, students have a high number of House Points, a low number of Behaviour Points, their attendance is high and uniform standards are good. It was lovely to meet so many parents/carers at our settling in evening for Year 7 this week and we look forward to meeting Year 8 parents/carers next term when we begin the options process. We are happy to hear from any parent/carer at any time—please email us at KS3@asadunstable.org.

Elaine Boyd
Assistant Principal, Key Stage 3

90% of Year 7 Parents/Carers who completed our recent survey were happy with the Transition Support programme put in place for their child.

New Technology

We are delighted to see how quickly our students have started using their new iPads to boost their learning. In class, they are using them to read, to research and to submit work.

At home, we would advise all parent/carers to review their internet settings, making sure that they are age-appropriate. At the Academy filters are set to a very high level but internet browsing without filters can allow students to access some inappropriate material. If in doubt, check your internet provider for guidance on setting filters.

Macmillan Coffee Event

Thank you to all students in Key Stage 3, their parents and carers and their staff for a wonderful event to raise funds for Macmillan. We were amazed at the quantity of cake donated, the wonderful creations which were sent in and by the enthusiasm of our students in running the event. A special mention must go to our new student leaders who took charge of setting up the event, supporting the running of the cake and coffee stalls and did all the clearing up afterwards. A fantastic effort which raised an amazing £190.00 in one hour for a very worthwhile cause.



Leadership Elections

We have elected our Form Captains in the past week and must congratulate Jamie Ridgeway, Megan Jones, Shay Doyle, Victoria Zwyer, Ashleigh McDade, Hayden Keeler, Godfrey Jiri, Ashley Ellis, Lily Helliadis, Mason Merrion-Kennett, Charley Shields, Ben Harrison, Mason Riley-White, Emma Hendry, Sophia Forder, Samuel Odetola, Charlie Jennings Mya Godfree-Warner, Medow Cox and Lawrence Lee-Mowatt who have all been elected as Form Captains. Form Captains were invited to stand for the important roles of Head Boy and Head Girl of their year group and Hayden Keeler and Ashleigh McDade have been elected for Year 7 with the results for Year 8 due this week.

The "Well Done Club"

Every week, Form Tutors nominate the student who they feel has made the best contribution to life at All Saints for that week. These students are invited to have hot chocolate and cookies with their Head of Year. This month's Well Done Club members are:-

Year 7	Year 8
Skye Stevens	Millie Woods
Harry Cornick	Shannon Chalk
Katherine Grant	Alex Tanase
Ruby Allen	Diyar Karamanoglu
Maddison Harwood	Harry Dye
Jayden Hollingshead Shae-Anne Neal-Grier Charlotte Tobin Skye Stevens Ethan Harwood	Georgia Engleman
	Mae Arnold
	Faiza Islam
	Kaylee Loader
	Denis Jabor
	Annabelle Glasper
	Deimante Zebrauskaite
	Nicole Solomei
	Jessica Buck
	Maddie Whitelock



Autumn Reward Trip

Each term we organise a reward trip to acknowledge the students who work on their behaviour and attitude to learning every week.

We keep our rewards trips to the lowest possible costs but we always aim to offer a trip that brings our students together and gives them a real community experience.

We are delighted that this term's reward trip is a visit to see **Snow White** at the **Grove Theatre** on **Tuesday 18th September.** We have booked 200 tickets so it will be a real Key Stage 3 occasion! Tickets will cost £10.00 each with support available for students in receipt of the Pupil Premium.



On **Friday 5th October**, we will count up all the behaviour points and every student with 5 or fewer points and excellent attendance will receive a letter inviting them to take part in this trip. The letters will have details about payments and paperwork to complete.

Those students not eligible to take part in the reward trip this term will be given support to help them improve their behaviours so they can work towards participating in the Spring Term rewards trip.

Congratulations to all the students who have qualified for this reward.

Harvest Festival at St Albans' Cathedral

Congratulations to the 30 students who were nominated by their Form Tutors to attend the Harvest Festival Service at St Albans' Cathedral on 1st October. They were a credit to the Academy. Special mention must go to **Nicole Solomei** and **Sophie Edwards** who gave the reading from Corinthians to a packed congregation.

90% of Year 7 Parents/Carers who responded to our recent survey would recommend All Saints Academy to another family.

Open Evening

Thank you to all our students, particularly those in Year 7, who have trained to be All Saints Ambassadors ready for our Open Evening. Our visitors are always



very impressed when our youngest students are able to guide them around the Academy and answer their questions with honesty, providing clear information about our work here. This year's students have been a credit to us and we really appreciate their work. At the end of this half term, we will be awarding our first Living Well Together awards and we know that these students will be amongst the nominees.

Jo Goodchild Head of Year 7

Welcome to the KS4 Team

Andrew O'Rourke Assistant Principal
Gareth Morris Deputy Assistant Principal
Staci Phipps Key Stage Assistant

Claire Rumsey Head of Year 9
Ellie Griffiths Tutor 9COU
Zoe Smith Tutor 9DET
Michelle Watt Tutor 9EXC
Asa Grant Tutor 9INS
Rachel Henwood Tutor 9RES

Jamie StevensHead of Year 10Mark GilbertTutor 10COUDonald OkpalugoTutor 10DETKade GaskellTutor 10EXCTerrance SankarsinghTutor 10INSRoss BrainTutor 10RES

Sinead O'Doherty
Katrina Hawkes
Tutor 11COU
Nicola Orneville
Tutor 11DET
Nausheen Malik
Tutor 11EXC
Lynda Rolleston
Tutor 11INS
Nicola Fountain
Tutor 11RES

Year 10 Study Skills Workshop

We are dedicated to ensuring our students become independent learners and are suitably equipped to draw on a range of study and learning strategies.

In addition to the study skills programme that Year 10s are currently working through with their respective form tutors, we are also working with our colleagues at 'Learning Performance' who will be leading three workshops across the academic year that focuses on boosting these independent key skills with our Year 10 students.

The programme is called 'Passport to Success' and over the course of the year it will equip students with effective study techniques and revision skills through a series of high-impact, interactive and innovative study skills workshops. With the increasing demands of the new curriculum and linear exams, empowering students with effective study techniques, revision skills, and resilience is going to be vital for their success. These will take place on Wednesday 3rd October and Wednesday 17th October.

Period 6 Intervention

Year 11 have made a good start to the year, with many students immediately taking full advantage of this additional opportunity for targeted support. We will continue to provide our Year 11 students with plenty of extra provisions throughout the year and encourage all students and families to make the most of these.

English and Maths Targeted Intervention-Project 5

We are committed to providing our students with the most personalised and targeted support possible, particularly with regards to English and Maths. Therefore we will again be working with our partners 'TwentyTwentyLearning' to provide 30 students (15 for Maths and 15 for English) with an intensive one week intervention to boost their grade in either English or Maths. We have found from past experience that the impact of this type of intervention is long lasting and does make a difference. We will run 3 waves of this intervention (October, November and April) and hope to provide this fantastic opportunity for up to 90 of our Year 11 students.

Year 11 Parent/Student Study Skills Evening Workshop – Thursday 11th October, 5pm – 7pm.

All Year 11 students and families are invited to attend the forthcoming Study Skills Evening Workshop that will be presented by our partners 'Learning Performance', the leading study skills company in the UK. Their highly-skilled staff have an excellent track record of working with students to help them develop these skills and so maximise their potential.

We have provided this event for the past two years and those in attendance have found the content enlightening, with numerous practical strategies for improving the ability to remember and learn being described and worked through.

Year 11 is a challenging year for our students and a large part of their potential success will be down to how effectively they manage their time and implementing an effective revision and study programme in the run up to the mock and summer exams. Learning how to revise effectively is a key part of this.

Strategies which will be demonstrated within the workshop will include;

- Memory techniques.
- How to understand and condense text/entire topics.
- How to turn those notes into something creative and memorable.
- How to make this part of the home.

The evening will conclude with a hot dinner in the canteen. Students and families are requested to complete and return the reply slip that was sent home last week by Friday 5th October. If you have misplaced the letter, please contact the Academy to request a place at the evening.



a.m. core intervention 8am-8.25am P6 Monday-Friday 3.05pm - 4.05pm	than you Work	ORK It makes me	H's hard to beat a person who NEVER GIVES UP. NUTRIL WORTH HAVING COMES EASY
TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
a.m. MFL intervention 8am–8.25am French – Miss Lake 1022 Spanish – Mrs O'Doherty 0037		a.m. MFL intervention 8am–8.25am French – Miss Lake 1022 Spanish – Mrs O'Doherty 0037	
	P6 Maths	P6 Food	
	Miss Malik & the maths team 1019	m Miss Hawkes 1038	
	P6 Spanish	P6 Sport, Health & Leisure	
Staff meetings	Mrs O'Doherty 0037	Mr Gilbert, Mrs Smith and the S, H & L team LRC	
no P6 today.	P6 History	P6 Music & Media	
ake 2	Mr Caraca and Miss Astin 1030 & 1004	Miss Fountain - 0054	
	P6 Geography	P6 Dance	
	Mr Morris & Miss Room 1025 & 1006	Miss Bolton -Dance Studio	
	P6 RS		Photography & Graphics
	Mr Grant & Miss Henwood 1026 & 2016	/	gate will be running a targeted wice every half term (Thursday).
	P6 Business GCSE and BTE		will run from 3pm – 6pm
	Mr Miller	Students	s will be notified in advance.
	TUESDAY a.m. MFL intervention 8am–8.25am French – Miss Lake 1022 Spanish – Mrs O'Doherty 0037 Staff meetings,	TUESDAY a.m. MFL intervention 8am—8.25am French — Miss Lake 1022 Spanish — Mrs O'Doherty 0037 P6 Maths Miss Malik & the maths tear 1019 P6 Spanish Mrs O'Doherty 0037 P6 History Mr Caraca and Miss Astin 1030 & 1004 P6 Geography Mr Morris & Miss Room 1025 & 1006 P6 RS Mr Grant & Miss Henwood 1026 & 2016 P6 Business GCSE and BTEC	TUESDAY WEDNESDAY WEDNESDAY THURSDAY a.m. MFL intervention 8am-8.25am French - Miss Lake 1022 Spanish - Mrs O'Doherty 0037 P6 Maths P6 Spanish Miss Malik & the maths team 1019 Mrs O'Doherty 0037 P6 Sport, Health & Leisure Mr Gilbert, Mrs Smith and the S, H & L team LRC P6 Geography Mr Caraca and Miss Astin 1030 & 1004 P6 Geography Mr Miss Room 1025 & 1006 P6 RS Mr Grant & Miss Henwood 1026 & 2016 P6 Business GCSE and BTEC Mr Miller





Welcome to the KS5 Team

Simon Miller Assistant Principal

Anthony Lee Deputy Assistant Principal

Kaitlin Horton-Samuel Key Stage Assistant

Helen Anton Tutor 12HMA Iza Ukeleghe Tutor 13ALE

Positive Start

After fantastic results at KS5 in the summer, we are all delighted with the start that the returning Year 13 and new Year 12 have made. This transition can be a difficult one for students, but the new Sixth Form at All Saints have already shown that they have the potential to be a great year group.

Work Experience

Work experience is a huge part of Sixth Form and we are pleased with the launch this term. Every student has had an individual meeting with Mr Lee and their career aspirations have been matched with university, apprenticeships and work experience. A number of exciting opportunities have been arranged (from hospitals to zoos) and we hope the students enjoy these work placements.

UniFrog

The Academy has launched a package with Sixth Form students called Unifrog. It allows students to track their skills and experiences against university courses, apprenticeships and employment, and shows what they still need to work on to ensure they are able to go into that field. We are delighted with the amount the students are already using the package and know it will raise aspirations in the Sixth Form.

Sixth Form Ambassadors

At All Saints Academy we are one community and the Sixth form students play a key role as ambassadors in that community. We have recently elected our Student Leaders in the Sixth Form and they have worked together as a team to decide how they can have a high profile within the Academy. They have already begun to support our literacy programme, reading with students at form time and they have also decided that they would like to have a high profile role at lunchtimes, supporting supervision in the Café. In the coming weeks, Sixth Form students will be working with KS3 and KS4 students in lessons, particularly helping with stretch and challenge and acting as role models for students to show what they can achieve with hard work.

Enrichment Opportunities

Starting Sixth Form is about more than just learning subjects. We want our students to be well rounded individuals that have all the skills necessary for life. To help, we have started a comprehensive enrichment programme that includes Young Enterprise, a Social Action group, a debating society and a Finance qualification. We all look forward to the results of these projects going forward.

Head Boy and Girl

After a democratic election, we are pleased to announce Felicity Young and Cody Robinson as the new Head Girl and Boy for Sixth Form and due to the number of strong candidates we decided to announce that Aaron Barry and Katie Stredder will be working as Deputy Head Boy and Girl. They are in key positions within the school and act as a link between students and staff and I am sure they will be an asset going forward.

Laptops

Being a successful Sixth Form student requires a lot of independent work and research to gain a good understanding of subjects. As a result, all new Year 12 students are being issued with a new laptop. This initiative is one that we are very proud of at the Academy as it ensures our students are able to develop into independent learners.



OUR COMMUNITY

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Student Reception

The staff at Student Reception are on hand to help with any questions students have, whether it be finding their class, information regarding trips or help with topping up their ID card for lunch.

Students are also able to buy a variety of stationery items from here including pens, pencils, calculators and pencil cases containing everything they need for lessons. We welcome suggestions of items that students would like us to sell and we will investigate the viability of all suggestions.

Staying Hydrated Through the Day

It is important that students stay hydrated throughout the day. Many students visit First Aid with symptoms that could be prevented by drinking water regularly.

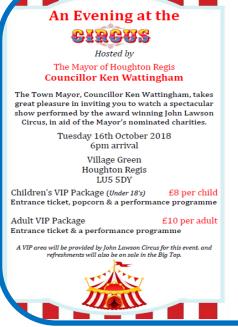
Students should bring a refillable bottle to school each day and these can be refilled at the water stations located around the Academy. Student Reception sells refillable water bottles for £1 and there is a choice of a plain bottle or one with the Academy logo.

ID Cards

Student ID Cards are an important part of everyday life at the Academy. They give students access to the building and printing facilities along with the cashless catering system.

Students can order replacement cards at Student Reception at a cost of £2.50. Students who lose or damage cards should purchase a replacement as soon as possible.







Uniform

At the beginning of term, we introduced a plain black V-neck jumper to the list of permitted items of uniform and these have proved popular with students. We would like to clarify that these are an additional item of uniform and are not to be worn in place of blazers. The jumper is an optional item that should be worn underneath blazers to provide an extra layer during colder weather.

OUR COMMUNITY

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Houghton Regis Hullabaloo Festival Dance Performance

As part of Houghton Regis Hullabaloo Festival All Saints Academy GCSE Dance students were invited to perform at Bedford Square on Thursday 20th September.

In preparation for the performance the students had the fantastic opportunity to attend an all day workshop with professional choreographer Helen Parlour. The students worked with Helen to choreograph their elements of the performance which they then combined with two other local schools on the day.

For many of the Year 9 students it was their first professional performance and they all performed brilliantly with lots of energy and enthusiasm. The students represented the Academy with pride. "It was a great experience to work with a professional choreographer and collaborate with younger students" said Caitlin Jones 9DET Performers were -

Paige Burns, Jaiya Boucher, Shannon Curry, Ellen Goodwin-Hyde, Leyla Jouza, Caitlin Jones, Lauren Ryan, Abbie Stock Sian Thompson and Weronika Kwestarz.



Our Pink Bag Scheme

There has been a heightened awareness in the media recently regarding Period Poverty where girls are missing school on a regular basis because they cannot afford sanitary protection. We are proud to be able to support our female students in coming to school every day by providing a bag of sanitary products free each month for every female student. Pink bags are available from Student Reception

First Aid

First Aid is located at Student Reception and while we offer a caring and supportive environment for the students, we do, whenever possible, encourage students to return to class. If we feel it necessary to contact home, this will be done by a member of staff; students are not allowed to contact parents/carers to ask to go home.



OUR COMMUNITY

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Looking Ahead

Wednesday 3rd October
Prospective Y7 Open Evening

Thursday 4th October
Sixth Form Parents/Carers' Evening

Tuesday 9th October
Y11 Music Students Evening Concert

Thursday 11th October
Learning Performance Evening
for Y11 students and Parent/Carers

Friday 2nd November
Year 10 Geography Field Trip

Tuesday 27th November Year 11 Options Evening

Thursday 6th December
Year 11 Parents/Carers' Evening

Thursday 13th December Christmas Showcase

Wednesday 19th December
Last Day of Term

Wednesday 2nd January
INSET Day
(Academy closed to students)

Thursday 3rd January
First Day of Term

Academic Calendar 2018/2019 School Holiday Bank Holiday Pupil Day Training Day October 2018 November 2018 December 2018 September 2018 10 17 Mon Mon Mon Mon 1 8 15 22 5 12 19 26 3 | 10 | 17 24 31 4 11 18 25 2 9 16 23 6 13 20 27 11 18 Tue Tue Tue Tue Wed 5 12 19 26 3 10 17 24 31 Wed 7 14 21 28 Wed 5 12 19 26 13 20 27 4 11 18 25 8 15 22 29 13 20 27 6 Thu Thu 6 Thu Thu 19 Fri 14 21 28 Fri 5 12 26 Fri 2 9 16 23 30 Fri 14 21 28 8 15 22 29 Sat 6 13 20 27 10 17 24 Sat 8 15 22 29 4 11 18 25 7 14 21 28 2 9 16 23 30 Sun Sun 2 9 16 23 30 January 2019 February 2019 March 2019 April 2019 Mon 14 21 28 Mon 11 18 Mon 4 | 11 | 18 | 25 1 8 15 22 12 19 26 15 22 29 Tue 5 12 19 26 5 16 23 Tue 8 Tue Tue 2 9 17 9 16 23 30 Wed 6 13 20 27 Wed 6 13 20 27 Wed 3 10 24 Wed 2 21 14 21 10 17 24 31 14 28 28 11 18 25 Thu Thu 4 11 18 25 1 8 15 22 1 8 15 22 29 5 12 19 26 5 | 12 | 19 | 26 2 9 16 23 Sat 2 9 16 23 30 6 13 20 27 3 10 17 24 3 10 17 24 31 Sun 6 13 20 27 Sun Sun 7 14 21 28 May 2019 June 2019 July 2019 August 2019 Mon 1 8 15 Mon 6 13 12 19 20 Mon Mon 22 10 9 16 23 30 13 20 27 14 21 28 11 18 25 6 Tue Tue Tue Tue 8 15 22 29 5 12 19 26 3 10 17 24 31 14 21 28 Wed 1 Wed 16 23 30 9 13 20 27 11 18 25 15 22 29 Thu Thu Thu Thu 1 8 Fri 3 10 17 24 31 Fri 7 14 21 28 Fri 5 12 19 26 Fri 2 9 16 23 30 10 17 4 11 18 25 Sat 8 15 22 Sat 6 13 20 27 Sat 3 24 Sun 5 12 19 26 Sun 7 14 21 28 4 11 18 25 Sun 2 9 16 23 30 Sun